What would you like to hear from the Dean of The Graduate School?
• Making the most of graduate school
• Preparing for careers
You’ve made it to the end of your first semester and...
You are doing something GREAT!
How are you feeling?

https://pollev.com/kentholsinge713

Text
KENTHOLSINGE713
To 37607
How are you feeling about graduate school?
THE EMOTIONAL JOURNEY OF CREATING ANYTHING GREAT

This is the best idea ever!!
This will be fun
This is harder than I thought
This is going to be a lot of work
This sucks I have no idea what I'm doing
Dark swamp of despair
#%$@!##!##!

Quick, let's call it a day and say we learned something
Ok but it still sucks

Wow
Hey!

Family-Humour

THE EMOTIONAL JOURNEY IS INEVITABLE AND PERHAPS NECESSARY

https://personalexcellence.co/blog/emotional-journey-creating-infographic/
Working with faculty

• Academic Advisor
• Supervisor
• Dissertation chair – Major advisor
• Associate advisor
• Mentor
Do you have more than one mentor?

Yes

No
Find mentors
- Your major advisor (for sure)
- **BUT** not only your major advisor
- Other members of your advisory committee
- Other faculty
Types of mentoring

- **Task support**
  - How do I do what I’m trying to do?

- **Psychosocial support**
  - Help me. I’m feeling lost.

- **Networking support**
  - Can you help me get in touch with X?
THE EMOTIONAL JOURNEY OF CREATING ANYTHING GREAT

This is one of the things I am most proud of
Family+Humour

This is the best idea ever!!

Wow

Belief/Persistence
Family-Humour

Hey!

Hmm...

Quick, let’s call it a day and say we learned something

Ok but it still sucks

Dark swamp of despair

This sucks I have no idea what I’m doing

This is going to be a lot of work

This will be fun

This is harder than I thought

THE EMOTIONAL JOURNEY IS INEVITABLE AND PERHAPS NECESSARY

https://personalexcellence.co/blog/emotional-journey-creating-infographic/
FRIENDS
Resources you should know

https://grad.uconn.edu
Student support

Karen Bresciano
Assistant Dean of The Graduate School, Graduate Student, and Postdoctoral Affairs
Promotions: Scholarships
Schedule Time: Email me
Email: kbresciano@uconn.edu
Phone: (860) 486-0363
Can help with: One-on-one support, advocacy, and problem-solving for graduate students and postdocs, as well as the faculty and staff who work with them. Exploring and improving systemic issues that affect the graduate education experience at UConn.
Read More

Cinnamon Adams
Director of Graduate Student and Postdoctoral Scholar Support
Promotions: Scholarships
Schedule Time: Nexus calendar CT
Email: cinnamon.adams@uconn.edu
Phone: (860) 486-3617
Can help with: One-on-one direct private support to graduate students and postdoctoral scholars. Consultation with and achievement to graduate faculty regarding graduate student support. Mediation, conflict resolution, and assistance with the Complaints, Appeals, and Hearing procedures, including the Scholarly Integrity/Misconduct procedures for graduate students.
Read More

Megan Petsa
Director of Graduate Student Administration
Promotions: Scholarships
Schedule Time: Email me
Email: megan.petsa@uconn.edu
Phone: (860) 486-0377
Can help with: Graduate sponsorships, voluntary separation and reinstatement, enrollment exceptions, Tuition Tuition and fees, departmental stewardship, policies and procedures.
Read More

Stuart Duncan
Director of Programming and Diversity Recruitment
Promotions: Scholarships
Schedule Time: Email me
Email: stuart.duncan@uconn.edu
Phone: (860) 486-0391
Can help with: Programming for graduate students, including orientation, three-minute thesis competition, and grant appreciation week. Programming for postdoctoral scholars, including the yearly seed award competition, decelerate competition, and postdoc appreciation week. Diversity recruitment and the management of Harriet, Jorgensen, and Cordell fellowship programs.
Read More
Current student resources

Academics
Academics and coursework are the core of a graduate school experience. You can find resources for scheduling and changing courses, working alongside your advisor, changing your degree plan, and academic codes and policies.

Quick Links
- Registrar Forms
- Voluntary separations (academic leave, exit, program separation)
- Late Drop Petition

Guidance and Support
When navigating individual challenges, it's helpful to have someone to talk to or reference a specific piece of information. Access contact info for The Graduate School colleagues who can help design solutions, and find official policies that can answer common questions about university codes of conduct.

Quick Links
- Voluntary Separation
- Complaint, Appeal, and Hearing Procedures
- Policy Against Discrimination, Harassment, and Inappropriate Romantic Relationships

Career Support
The Center for Career Development provides programs and services that are designed for graduate students. Learn more about career events, resources, and communities.

Quick Links
- Career Development Events & Career Fair
- Affinity Communities
- Handshake

Financing
Learn more about the different available resources for funding your graduate student experience. This category can answer many questions surrounding graduate assistantships, financial aid, fellowships, and awards.

Quick Links
- Graduate Financial Aid
- Graduate Short-term Loans
- Summer Doctoral Dissertation Fellowship

Getting Involved
An overview of different communities at UConn. Stay connected with us at The Graduate School, find calendars for different events and gatherings, and meet a diverse of organizations and communities that are here to support you.

Quick Links
- Events Calendar
- Social Media
- Search
Current student resources

Graduate Student Mentoring Guide
A Guide for Students

What’s your long-term career goal?
What’s your long-term career goal?

STEM PhDs who obtain tenure-track positions

• 1960-1980 cohort: 43 percent
• 2000-2013 cohort: 25 percent

FIGURE 3-8

S&E degree holders working in S&E occupations, by level and field of S&E highest degree: 2017

Note(s)
Individuals may have degrees in more than one S&E degree field.

Source(s)

Science and Engineering Indicators
Chaos theory of Careers

Closed systems thinking
- Nothing unexpected happens
- Life should be fair
- Linearity of change
- Confidence in order
- Exceptions are errors
- Limited response to change

Open systems thinking
- The unexpected will happen
- Life has no guarantees
- Change is non-linear
- Shifts happen
- Exceptions may be significant
- Creative response to change

Patriot missile approach

• Don’t imagine you can aim for a target and hit it without course corrections.

• Head in the right general direction. Recalculate your trajectory constantly.
“So What Are You Going to Do with That?”

Finding Careers Outside Academia

THIRD EDITION

SUSAN BASALLA & MAGGIE DEBELIUS

“A smart, insightful, supportive, straightforward, and engaging guide. One of the most important resources that I have, and I use it daily. This time, Basalla and Debelius dare to shed light on the myth that a career in academic science research is a panacea. I wish I had written it!”

—Victoria A. Blodgett, assistant dean, Graduate and Postdoctoral Affairs, University of Connecticut
Career Advice

Change From the Ground Up
Ph.D. students need to develop more skills around teaching and working with data to assess student outcomes, argues Terri E. Givens.

https://www.insidehighered.com/advice
Graduate Students & Postdocs

Engage in Career Preparation

- Career Prep & Job Search Action Plan
- Know Yourself
- Am I Career Ready
- Develop Your Network
- Prepare Your Materials
- Build Skills
- Communicate Your Value – Interviewing & Negotiating
- Gain Experience
- Conduct Your Job Search

Application Material Resources

Graduate Student Résumé & Cover Letter Guide:
Access this guidebook to gain tips for transitioning a CV to a résumé, to incorporate strategies to enhance an existing résumé, and to optimize cover letter content.

CV Guidebook:
If you are seeking a faculty job or an industry research position, you will most often be required to submit a CV and not a résumé.

Academic Job Application Resources:
Information provided is designed to complement the advice, resources, and guidance that you receive from your department.

Of Additional Interest

- View Upcoming Events
- Signature Career Events
- Doctoral Degree Community
- Career Development Experience Award

Great things happen when UConn graduate students engage in career preparation. Read their stories!
- Marc Reyes
- Hyeseong Kang
- Emma Bjornard-Basayne
- Feiyang Chen
- Anand Gupta
- Deepthi Varghese

http://career.uconn.edu/graduate-students-postdocs/
You are doing something

GREAT!